

Community Resources
Derecho Storm Specific
(Information from City of Iowa City website www.icgov.org)



Emotional Health Support

- **CommUnity**, formally the Crisis Center, has support resources by phone Crisis Call/Text: (855) 325-4296 and [Online Chat](#).
- [Crisis Text Line 24/7](#): Text "HOME" to 741741 to connect to a counselor for support.
- [Iowa Disaster Behavioral Health Response Team](#) provides mental health services across the state after a disaster.
- [Iowa Refugee Counseling Center](#) offers virtual counseling sessions for refugees and immigrants.
- **Your Life Iowa Statewide Crisis Line** is available for those experiencing emotional distress in a crisis and can be reached at (855) 581-8111.